



*Volunteers and Supporters get energised for Lent Fast Day*

## Welcome to our March 2017 eBulletin

### Dear Supporter,

If you attended our supporters' days in February it was really great to see you. If you couldn't make it, you were in our thoughts and we missed you. There were both fantastic days and people felt inspired and energised to promote CAFOD in their communities. You can read up on what happened at [Luton](#) and [Gerrards cross](#). Do watch the inspiring videos from our partners and listen to [Bishop Peter's thank you message](#) to you.

Wishing you a very fruitful Lent.

With every blessing

Debbie

Deborah Purfield

Community Participation Coordinator – Northampton  
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## Lent Fast Day is Friday 10 March 2017

Parish contacts - please make final preparations!



This Lent Fast Day we will be hearing about how Florence from Zambia turned one tiny fish into a thriving business and a future for her family. If you are the Fast Day contact in your parish, please make sure you have made arrangements as follows:

Why not try our [Stations of the Cross](#) which is a meaningful way to meditate on Jesus' journey to the cross with the people of Zambia?

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## Listen to Sr Yvonne's talk about our work in Zambia

We were very fortunate to welcome Sister Yvonne Mwalulu, from the Sisters of the Sacred Hearts of Jesus and Mary in Zambia, to England and Wales this February. You can [listen to a recording of one of her talks](#), in which Sr Yvonne talks about Florence's story and other projects supported by CAFOD in Zambia



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## Crisis in South Sudan

We are supporting our local partners



These women have been picking leaves to feed to their families.

Nearly four years of conflict in South Sudan has forced over 3 million people from their homes and led to 4.9 million people struggling to find enough food to eat.

The UN has declared that parts of the country are now facing famine and the number of people affected will rise if there isn't quick action.

We are supporting our local Church partners to provide food, shelter, healthcare, clean water, sanitation and emergency supplies to thousands of people who have been forced from their homes. As

fighting continues, there are major challenges in delivering aid, but we are doing all that we can to reach people in need.

### Important:

Lent is a key moment to raise funds for CAFOD's work throughout the world.

We are asking parishes to support Lent Fast Day and by doing so we are able to fund work wherever the need is greatest, including emergency situations such as South Sudan.

CAFOD has made a grant of £70,000 for South Sudan and is monitoring the situation going forward.

We are therefore not asking parishes to take a collection for South Sudan at this time.

[More information is on our website](#)

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## New campaign coming soon - Power To Be

In April we will be launching a new CAFOD campaign called **Power To Be**. We'll uncover the difference access to electricity can make to children in the poorest communities being able to reach their potential, and call on the UK to support renewable energy to help tackle poverty.

We'll let you know when our new resources are available in April, including a liturgy and action cards for parishioners to sign to add their support for the campaign.

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Transfigure us Lord so that our actions reflect your light and shine on the many thousands of people who are experiencing hunger in South Sudan. When we are hesitant and slow to act help us to conquer our fears just as the disciples did on that high mountain. Lord in your mercy - Hear our prayer.

*Prayer written by Trevor Stockton, CAFOD volunteer*

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