



ALIVE WISE

Introduction to the Enneagram



A unique map of personal and spiritual growth

Why not take some time this year to learn and understand more about yourself and your relationships? Why do you behave in certain ways? What are your gifts and your challenges?

The Enneagram is a way of looking at personality which combines ancient roots with modern insights. We have been teaching the system together for twenty years and this year we are running a new introductory course which will give you an insight into this practical path of growth.

Details

Saturday 18 March

The Quaker Centre
1 Oakley Gardens
Downhead Park
Milton Keynes
MK15 9HB

Times: 10:00 to 16:00

The cost for the day is £60 per person, including tea and coffee, lunch and all materials.

We ask for a £20 deposit.

If you can't make this date, we have another introductory course scheduled in June in Woking. Just ask for details.

To find out more or to book, contact us on info@alivewise.com or via our website.

www.alivewise.com

Who are we?

Dr Lynne Scholefield

Lynne has studied with Richard Rohr, Cynthia Bourgeault and James Finley in the Living School. She lives in Surrey and leads retreats on aspects of Christian contemplative spirituality. She travels widely and likes to read. Lynne is semi-retired from her work in higher education and is training to become a spiritual director.

Tess Marshall

Tess has studied the Enneagram with Russ Hudson and the late Don Riso. She has a deep interest in Benedictine spirituality and is a Benedictine Oblate affiliated to a monastery in Bedfordshire. She loves arts and crafts of various kinds. Her work background is in human resources and personal coaching.

Comments on our courses

"I felt it was beautifully run with such clear teaching, and easy examples to understand."

"I gained so much insight into my behaviour and patterns, and that of other people."

"We will have been married 25 years next year, and I am certain that one reason we are happier now than we've ever been is that our Enneagram studies have given us (at last) a common language, a way of cutting through the superficial differences to what is real and true in each other."

"For me your words came so much from the heart that I could relate very directly to your teaching."