



Diocese of Northampton

YEAR of PRAYER

and VOCATION

2017/2018



An invitation to take time and join in spirit with many others in
Personal Prayer

In February we pray together for those in Consecrated Life and all
being called to join them.

2nd Feb is the feast of the Presentation in the Temple of the child
Jesus. This day is often marked by special celebrations in religious
communities.



Steps at Mount St
Bernard Abbey

The saint to accompany us in February is

Blessed Cyprian Tansi

“If you are going to be a Christian at all, you might as
well live entirely for God”.

Bl Cyprian Tansi

Blessed Cyprian Tansi was a Nigerian priest who felt God’s call to leave
his homeland and enter the Cistercian Abbey of Mount St Bernard in
Leicestershire. His main work here was to pray the psalms in community
seven times a day. He died in 1964 and was beatified in 1998.

“Let us make time this year to be still and open our hearts to God. It
is a call first to holiness, to live our lives with integrity, in
communion with God and one another. Then is God calling me to
be single or married, focused on family, care of neighbours in need
or the environment?” Quote Bishop Peter Dec 8th 2017

The Monastery of Christ Our Saviour
Turvey is holding a week of monastic
experience 7th to 11th May. Contact
turveymonks@yahoo.co.uk On the
diocesan website there are links to
some wonderful websites of other
contemplatives and to communities of
apostolic religious such as the
Daughters of the Holy Spirit. Most of
these communities have Lay
Associates, Third Orders, or Lay
Oblates.

Psalm 117

***Praise the Lord all you nations,
acclaim him all you peoples.***

***Strong is his love for us
he is faithful for ever.***



We are asked this month to set aside time for personal prayer and to listen each day to God’s call. This could be
done at home, on a regular commute or in a lunch break. Consider praying the psalms from The *Divine Office*
sometimes called the *Liturgy of the Hours*. A small book entitled *A Shorter Morning and Evening Prayer* is
available from Collins publications. The *Universalis* app. contains not only the *Hours* throughout the day but the
daily readings for mass in a very accessible form on your tablet or smart phone. With his community Blessed
Cyprian sang the psalms many times a day but their richness is not only for those in monastic life. Quietly and on
our own we can join the wider Church reading in English the psalms for the day and know we pray them with
many thousands of others.